



# *Transformations*

## Seeds of Growth



# Transformations

*“Then God said, ‘Let the land sprout with vegetation—every sort of seed-bearing plant, and trees that grow seed-bearing fruit. These seeds will then produce the kinds of plants and trees from which they came. ... And God saw that it was good,’”* Genesis 1:11-12

**God planted a garden filled with goodness. The seed-bearing plants and trees He planted bore good fruit.**

But Adam and Eve sinned. The earth was cursed, and they were expelled from the Garden of Eden for their own good. Bad seeds sprouted – thorns and thistles grew among the good plants and trees.

**Spring brings new growth, the sprouts of hope for good fruit.**

Last month, I urged you to meditate on **holy moments**. I hope that you enjoyed those moments. Did they give you seeds of hope and seeds of transformation?

Let’s nurture those good seeds together.

## **Seeds of Hope ... Seeds of Transformation**

**Each day in April, let’s pause and meditate on transformation.**

**Let’s write what the Holy Spirit reveals in the gratitude journals that we started in January. If you haven’t started your gratitude journal, now is the time.**

*Mighty Creator of the Universe, You plant seeds and reap a bountiful harvest of goodness. Your goodness beckons us to draw near to You. We hold out our hands and ask You to fill them with seeds that produce good fruit that honors You. Empower us to sow them well, to nurture them, and to harvest them for Your glory. Amen.*

***Rejoice! You are about to encounter a month of transformation!***

If you did not receive the March newsletter, email me at [Karen@PossessHisPromises.com](mailto:Karen@PossessHisPromises.com) to request it, and I will email you.



# Transformations – Day 1

*“Sow for yourselves righteousness; reap steadfast love; break up your fallow ground, for it is the time to seek the LORD, that he may come and rain righteousness upon you.” Hosea 10:12*

**Sow righteousness ... Reap steadfast love**

**Break your ground ... Seek the LORD**

Each spring I break up the ground, pull weeds, add nutrients, and sow seeds of basil, chives, tomatoes, and more. Watering is essential. This year, I'll add plants that attract the good insects and deflect the bad ones.

**Timing, planning, sowing, breaking up, nurturing, and reaping.**

Sounds like Christian growth, doesn't it? We must continue to break up that fallow ground that prevents the rain from nurturing the seeds. The key?

**Seek the LORD.**

God will prompt us to sow righteousness, reap love, and break up our ground. He will rain righteousness upon us. **Transformation!**

*Master Gardener, give us the energy, the knowledge, and the fortitude to till our gardens, so that righteousness and love can sprout and produce fruit that delights in You. Rain Your righteousness upon us. In Jesus' name, amen.*

***What fallow ground do you need to break up?***

**Write a prayer thanking God for the transformation He is watering in you.**



## Transformations – Day 2

*“A sower went out to sow his seed. And as he sowed, some fell along the path, ... some fell on the rock, ... some fell among thorns, ... some fell into good soil and grew and yielded a hundredfold.’ ... ‘The seed is the word of God.’” Luke 8:5-8*

**Word of God planted in good soil grows and produces fruit.**

“The preacher of the gospel is like the sower. He does not make his seed; it is given him by his divine Master. No man could create the smallest grain that ever grew upon the earth, much less the celestial seed of eternal life.” (C.H. Spurgeon)

When we study the Bible, we are like the sower, sowing the seed into our own lives and in the lives of those we are studying with. Farmers sowed first, then plowed into the ground. Isn't that what we do with the Word of God?

**We Pray > Read/Hear > Meditate > Apply > Holy Spirit Waters > Transformation**

“We need the Holy Spirit; and if the Lord does not water us daily from the living springs on the hilltops of glory, we shall certainly die. So take heed, brothers and sisters, that you do not lack the moisture of the Holy Spirit's gracious influence.”

(C.H. Spurgeon) **Transformation!**

*Word of God, we need You! Plant Your Word into good soil. Guide us in plowing the ground of our flesh and plowing deep within our souls Your Word. Cause the goodness of Your fruit to grow abundantly in our lives, and may that fruit be sweet to Your taste. Amen.*

**List how God has transformed your life through His Word.**

**Write a prayer praising God for those transformations.**



## Transformations – Day 3

*“Does he who plows for sowing plow continually?*

*Does he continually open and harrow [break up clods] his ground?*

*When he has leveled its surface,*

*does he not scatter dill, sow cumin,*

*and put in wheat in rows*

*and barley in its proper place, and*

*emmer [type of wheat] as the border?” Isaiah 28:24-25*

### **Sowing ... Plowing ... Breaking Clods ... Leveling ... Preparing Soil**

Keith was in the Air Force for 22 years. Every three or four years, we moved across the United States or to a new country. The second move was the hardest. With a 1 ½-year-old daughter, we traveled from Kansas City to the Philippines. In the '70s, there were no cell phones, no internet, and no easy way to call our families in the states. God plowed all that we knew, broke up our ways of thinking and relying on family, leveled our ground, and planted His seeds of trust, hope, and dependence upon Him and each other. Our faith grew tall and wide, and our marriage blossomed.

## **Transformation!**

*“For he is rightly instructed;*

*his God teaches him.” Isaiah 28:26.*

*Father, thank You for plowing, harrowing, leveling and sowing good seed in our lives. You, know what we need to grow deeper in our walk with You. Thank You for Your tender and loving care, amen.*

### **How has God prepared your Christian soil?**

**Sit with God today and ask Him to show you the seeds that are sprouting in your Christian walk.**



## Transformations – Day 4

*“... love one another earnestly from a pure heart, since you have been born again, not of perishable seed but of imperishable, through the living and abiding word of God; ... but the word of the Lord remains forever. And this word is the good news that was preached to you,”*

1 Peter 1:22b-23, 25

### **Love others from pure heart ... You are born of imperishable seed**

#### **How can we have a pure or clean heart?**

- Proverbs 4:23 tells us to *“Guard your heart above all else, for it determines the course of your life.”*
- God creates a clean or pure heart in us, Psalm 51:10.
- When we heard or read the Word of God and accepted Jesus as our Savior, we were born again. We became sons and daughters of God, John 1:12.
  - We have good news that God loved us so much that He sent Jesus to the world to pay the price for our sins by dying on the cross. He was buried, and the third day, He rose from the dead and sits at the right hand of God speaking on our behalf.
  - His Word is the seed that grows inside us. It is alive and powerful, exposing our innermost thoughts and desires, Hebrews 4:12.
  - God’s Word guides my feet and lights my path, Psalm 119:105.
  - All Scripture is inspired by God and teaches, corrects, prepares, and equips us for God’s work, 2 Timothy 3:16-17.

### **Transformation!**

*Father, thank You for planting Your Word in our hearts. Create in us a clean heart and show us how to guard our hearts through Your Word. We love You, Lord. Amen.*

*How are you guarding your heart?*

*What action will you take today to water that imperishable seed?*

**Write it in your journal and thank God.**



## Transformations – Day 5

*"For there is no good tree that bears bad fruit, nor, on the other hand, a bad tree that bears good fruit. For each tree is known by its own fruit. For [people] do not gather figs from thorns, nor do they pick grapes from a briar bush. The good person out of the good treasure of his heart brings forth what is good; and the evil [person] out of the evil [treasure] brings forth what is evil; for his mouth speaks from that which fills [his] heart"* Luke 6:43-45

**Goodness flows from a person's good treasures stored in the heart.**

I have treasured things in my home. I'll bet you have, too. I treasure my photos of past decades. Each photo tells a story. I just texted an old photo of my daughter to her. We lived in Italy at the time. We both smiled as we remembered. God worked mightily in us when we lived in Italy.

God is faithful and provides us with a wealth of salvation, wisdom, and knowledge. The reverence we give Him is our treasure, Isaiah 33:6. We treasure God's commandments, Proverbs 2:1b; Proverbs 7:1b. The kingdom of heaven is like a treasure hidden in a field, and we sell all to buy that field, Matthew 13:44. Jesus gives us the Light of the knowledge of the glory of God, and this treasure in us, so that God's power works in us, 2 Corinthians 4:6-7. **Transformation!**

*"For where your treasure is, there your heart will be also,"* Luke 12:34.

*Hallowed Father, we stand in awe at the great treasures that You have blessed us with. Empower us to treasure what is lasting. May Your goodness fill us to overflowing, so that Your goodness spills out onto others. In Jesus' name, we pray, amen.*

**Ask God to show you the treasures in your heart.**

**Write what the Holy Spirit reveals to you in your journal and pause to thank Him for your everlasting treasures.**



## Transformations – Day 6

*“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.” Galatians 5:22-23*

**Love + Joy + Peace + Patience + Kindness + Goodness + Faithfulness +  
Gentleness + Self-control = Fruit of the Spirit**

I’m not there, yet. Are you? I think I have a little of each slice of the fruit. I guess that’s why we have the Holy Spirit living in us, to grow the seed of the fruit of the Spirit. If our fruit were fully ripened, we would be able to fulfill the law.

*“You must love the LORD your God with all your heart, all your soul, and all your mind.*

*This is the first and greatest commandment. A second is equally important:*

*“Love your neighbor as yourself.” Matthew 22:37-39*

We met a priest in Krakow who exuded love. He welcomed everyone into the church as they gathered to enjoy a stringed quartet performance. Repeatedly, he told the people, “Jesus loves you.” After his introduction, he patted my hand and looked straight into Keith’s eyes and my eyes and wanted to know if we were Catholics and how long we had been married. We told him that we are Christians. He was pleased. He wanted us to know that Jesus loved us. The fruit of love. **Transformation!**

*Holy Spirit, thank You for dwelling in us, correcting us, guiding us, teaching us, and growing Your fruit in us. We long for mature fruit, but we know that Your timing is perfect. Cause us to recognize You at work in us. For Your fruit is sweet and nourishing, amen.*

*How is your fruit ripening?*

**Write about it in your journal and thank God.**



## Transformations – Day 7

*“And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him. Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect,”* Romans 12:1-2.

**Give ourselves to God as a living and holy sacrifice.**

**Let God transform us.**

Jesus gave His body as a sacrifice. He died to pay the price for our sins. He rose from the dead and lives forever. To know God and Jesus is eternal life, John 17:3. How is your relationship with God?

We are not strangers to presenting ourselves to others.

We surrender a portion of our time to our workplace when we accept a position with a company. We also adjust to dress codes and ways of interacting with coworkers and customers.

We can consider ourselves to be dead to the power of sin and alive to God through Jesus, Romans 6:11. And since we are new creations in Christ, 2 Corinthians 5:17, we can live for him by presenting our body, mind, spirit, and strength to Him, so that He will transform us into a new person. **Transformation!**

*God, Almighty, we present our bodies to You as living sacrifices. Transform us; change the way we think and act. Show us Your will for our lives and equip us to walk in Your will. Amen.*

***God has a plan for you!***

**How is God transforming you?**

**Write about it in your journal.**



# Transformations

I hope that these seven days of devotions have generated transformations in and through you.

## May I pray for you?

*Loving Father, we are amazed at the work You have done in our lives and the work that You are continuing to do. You are faithful and true. The seeds that You have planted, You water, and care for. Make us aware of Your care and empower us to grow and produce good fruit that is pleasing to you. In Jesus' name, amen.*

*"Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think. Glory to him in the church and in Christ Jesus through all generations forever and ever! Amen."*

Ephesians 3:20-21

*Karen Roberts*

**May your transformations grow higher and wider  
with each minute of the day.**

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