

21 Sparks That Fuel the Love-Powered Marriage

1. Pray together.
2. Pray for each other.
3. Read the Bible together.
4. Talk about what you did when you dated and what meant the most to you.
5. Do what meant the most during your dating season.
6. Calendar a date night. Weekly is best, but start on a monthly basis if you have a packed calendar.
7. Write three new things you appreciate about your spouse in a notebook or journal every day for 30 days. At the end of each week, read those “appreciations” to your spouse. If you run out of ideas, read what you previously wrote and choose three of those “appreciations” to write down.
8. Slip a note in her briefcase, his lunch, or in the car wishing the other a great day.
9. Text her that you love her—use emojis to show how much.
10. Hide a love note in his underwear drawer.
11. Share the household chores.
12. Draw a Valentine on a piece of paper and write “I am my Beloved’s and my Beloved is mine.” Tape it to the door leading from the garage to your house, or put it on your refrigerator.
13. Tell your spouse how much you appreciate him.
14. Brag about her accomplishments.
15. Say “I love you” every day.
16. Kiss each other before you leave the house for work.
17. Play.
18. Hug.
19. Touch each other when you walk past each other.
20. Hold hands.
21. Make love frequently.